About The Cards—Ancient Language of The Angels

In transforming our lives and achieving our dreams, we begin by understanding that we are *all* born with the potential for health, happiness, love, prosperity — and greatness! Alchemy symbols do not confer these things upon us. They belong to us by right of birth.

However, through the 4000-year-old wisdom of the Quabbalah contained in the *Magical Alphabet*, we may be able to release the anger, jealousy, fears, and other behaviors, beliefs, and emotions that prevent us from living this birthright. When that happens, we begin to activate our pure potential. So the letters are tools for positive change in the art of manifestation. If we trust in the process with a pure heart, the power of the letter symbols will deepen our connection with the divine energies that are available to each and every one of us.

The Quaballah forms a common precursor, or root, of three of the world's religions: Judaism, Islam, and Christianity. The Magical Letters are each expressed through a Divine Virtue, Color, Element, Sensation, Musical Note and Part of the Body. When used with meditation, the Magical Letters have the power to amplify and concentrate our creative and healing energies and intentions.

The *Magical Alphabet* is based on Franz Bardon's Quaballistic system.* It is a condensed, yet comprehensive spiritual tool to gain more insight about our lives. With over a year of research and study to create the *Magical Alphabet*, these cards offer a distillation of this spiritual system in a form that is easily accessible.

How do The cards work?

When we meditate on the Magical Letters we are automatically "speaking" an ancient language. Becoming aware of the many qualities of the letters requires using all four of our brainwaves at the same time. In turn, this whole-brain thinking creates a wave of consciousness that connects with and resonates to the Universal Mind and the Unified Field of waveform energy, allowing our intended manifestations to occur.

Practically, we can transform our will, thinking, emotions and physical reality through our focus. The *Magical Alphabet* is a tool to help us do this and therefore, significantly shift how we manifest in our lives.

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^{*}Franz Bardon, *The Key to the True Quabbalah*, ISBN 978-1885928-14-6, is our source reference, with permission by Merkur Publishing, Inc. P.O. Box 171306, Salt Lake City, UT USA 84117

Two Meditations Using The Magical Alphabet

Magical Alphabet Color Meditation

Here is a simple and basic daily meditation to use with the *Magical Alphabet*. First, of course, you would choose a card, sorting through them until you find the one that seems to resonate with your most immediate concerns or feelings. What would you like to achieve? What energy would you like to change?

Once you have chosen your card, focus visually on the letter and its color, while being aware of the attributes you want to shift. Then:

- 1. Sit in a relaxed position, eyes closed, and breathe deeply. You will continue to breathe deeply throughout the meditation.
- 2. While visualizing the letter, begin to breathe-in the color of your chosen card. You may breathe this color into the part or area of the body associated with the letter, or you may breathe it into and throughout your entire body. Either way, let your body be open and receiving.
- 3. As you continue to breathe the color, in and out, imagine your body as a tiny dot in the center of the universe with the universe swirling around you in a counter-clockwise motion. Keep on breathing the color and seeing yourself at the center of the swirling universe until you feel completely relaxed and filled with the color.
- 4. Now turn your attention to the particular situation or issue that you want to change, transform, or release at this time. Focus on the results that you desire to have happen with regard to this situation or issue. Mentally "send" the color and the letter to the visualization of your manifestation. Continue breathing deeply as you visualize your desired outcome, seeing and feeling it as you would like it to manifest.
- 5. As you vividly imagine and feel this meditative state and your desired results, see and feel the connection between yourself and the universe. Once you do this, your meditation is complete.

An important note about color -- In using this system, colors are not of the physical world but are mental and astral, and therefore, have a much broader spectrum and interpretation. Depending on an individual's own personal level of development, the colors will appear differently. For example, we visualize color as a personal mental image. Even though colors are provided with the Magical Alphabet, one person's "light blue" may vary slightly from another's in hue or intensity. The colors depicted in the Magical Alphabet are a reference point or marker from which the person using them may start. As you meditate regularly, the colors will harmonize with you as your own and will embody you.

Magical Alphabet Aspects Meditation

As you master the aspect of color, you can more easily add others to your practice. Below is a complete meditation utilizing all aspects of the letter. This is a more advanced meditation, and I do not recommend it for someone just starting to use the letters. Even if you are very experienced in meditation, it's best to begin slowly. You will achieve positive results simply by meditating on the letter and only one or two aspects.

The complete process for meditating on each letter of the alphabet is the same for all of the letters, their virtues, and attributes. Choose your card as in the Color Meditation, and familiarize yourself with its aspects. When you are ready:

- 1. Sit in a relaxed position, eyes closed, and breathe deeply. Continue breathing deeply during the entire meditation.
- 2. See or imagine yourself as a tiny dot in your solar plexus, with your body open. See or imagine that the rest of the universe swirls around you in a counter-clockwise motion. Keep breathing deeply in and out and holding the visualization until you feel relaxed and fully open.
- 3. Now visualize the color of your chosen card shining forth as a tiny sun in the area of the body part associated with the letter. Then visualize the color shining throughout your entire body. Continue to breathe deeply and relax into the color.
- 4. Imagine that the Divine Virtue of your chosen exists everywhere, in everything, penetrating all. Then "will" or "enliven" the virtue or virtues within yourself. Contemplate the meaning of the virtue until you gain clear insights. Imagine yourself having mastery of the virtue. What does that feel like?
- 5. If possible, sound the card's tone inwardly, with your voice, or with a chime. This enhances the feeling of the virtue, magnifying its power to manifest in physical form.
- 6. Now, become aware and feel of the sensation of the letter. This will further deepen the experience.
- 7. With your "in" breath, see and feel what you've envisioned radiating through the pores of your skin to the specific body part or to your entire body. and with your "out" breath, see and feel what you've envisioned radiating from the pores of your skin to wherever you are intuitively guided outside yourself (it could be to a person, place, or situation). Continue breathing your vision into your body and breathing it out from your body to the person, place, or situation for as long as this feels comfortable.

8. As you vividly imagine and feel this meditative state, make a connection between yourself and the universe. When you feel that connection, your meditation is complete.

The more vividly you perform this meditation, with imagination and feeling, the stronger connection you will make between yourself and the universe. Ultimately, you and the universe are one.

Using the *Magical Alphabet* regularly will bring out your pure potential. You will gain clarity of purpose and relieve your mind, body and spirit from the stresses of life. Meditating on the various aspects of the cards will bring a deeper awareness and understanding of your own divine energy and true self. As you ask for guidance and become more in tune with the dynamics of manifestation, your intuition will heighten and you will be more receptive to receiving messages from your Divine Guides.

Note: If meditating using a sequence of letters, visually dissolve one letter before flowing into the next. To "dissolve" a letter picture the letter turning into tiny particles which can be brought back into or dispersed outside of yourself.

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Meditating with the Musical Note

Incorporating the musical note or tone while meditating on other aspects of a letter will magnify your experience. As you flow with the feeling of the virtue or color, tone the musical note. Toning the note, not only adds an auditory element to your meditation, but also increases your mental and emotional focus, getting your body in tune with the sensations of the vibrations of the tone. For more information on chimes made for this purpose contact: Jenny Lipetzky at angel-chimes@comcast.net.

The Alphabet Based on The Five Elements

Each of the Magical Letters relate to one of the Sacred Elements of the Quabbalah. In choosing your card for any given meditation, you would first consider the element that best conveys the shift you wish to achieve. Please refer to the cross-reference chart at the end of this document for suggested cards to clear situations or issues.

Example: You are having relationship issues with family — something that happened in the past for which you have not forgiven yourself, or they have not forgiven you, or both. Normally, you will choose a Water card to heal an emotional situation like this. First, you would group your water cards together and review the Divine Virtues of each until you find the one that feels right. For this example, you might choose the Divine Virtues of "Grace and Mercy," represented by the letter "G." This letter releases negativity, opening up situations and self to the infinite love of God and transmuting karma (negative repetitions that have accumulated energy over time and space).

Example: In some cases, you may end up using several cards in series to address a particular issue. Let us say you want to improve your health and you feel that exercising will be useful — but you lack the motivation. For this you might at first choose a Fire card, as Fire relates to developing your Will, thus getting you motivated to actually exercise. Later, you might need to shift to an Air card, to clear out non-supportive or conflicting beliefs about self and body. Finally, at some point you also might be led to choose a Water card, to help clear any negative emotions related to your physical body.

Below are five cards, showing how they relate to each of the five elements:

Akasha — All Encompassing Deep Velvet Black – "U"

The cards of the Akasha are practiced as an all penetrating feeling experienced throughout and around the entire body. Use these cards to connect with your intuition, universal karma and fate. "U" is the Original Source of Everything, changing fate. It represents the pancreas and solar plexus. The other letters associated with the Akasha are E and Y.

Fire — Spiritual Blazing Red – "Sch"

The cards of the Fire element create a sensation of warmth and heat in the head area. Use these cards to stimulate passion and action. Fire is Will and a pure state of being. "Sch" is the Original Fire Principle and represents the brain and your belief in the ability to manifest. The other letters associated with the Fire element are C, D, H, K, S, and T.

Air — Mental Light Blue – "A"

The Air cards create a sensation of ease and contentment in the lung and throat areas. Use these cards to bring positive and pure outcomes to situations or to create new mental patterns. "A" is the Original Air Principle representing all wisdom and enlightenment. It is associated with the lungs and chest area. The other letters associated with the Air element are L and Z.

Water — Emotional Blue-Green – "M"

The Water cards create a calming sensation in the abdominal area. Use these cards for calming yourself, others, or situations. Use Water cards to allow feelings to flow, heal emotions, or bring in clarity. "M" is the Original Water Principle, controlling emotions and the abdominal area. The other letters associated with the Water element are G, Ch, J, N, and W.

Earth — Physical Loamy Brown – "AE"

The Earth cards create a sensation of weight, grounding the legs and feet. Use these cards to increase your energy and vitality or to transmute energy to a higher level. Earth cards can bring your manifestations into form or can clear a physical problem. "AE," or "umlaut A," represents transformation through releasing imperfections into other states, and is specifically related to the lower colon and coccyx. When meditating, it is recommended to use "AE" in association with the letter "A." The other letters associated with the Earth element are B, F, I, O, OE, P, and R.

How do The cards work with The Zodiac?

Each degree of the Zodiac is an attunement with a different aspect of life. Also, each degree is associated with an Angel or Divine Being from each of the 360 degrees of your astrological circle. Their name is a key to their powers and influence. Use the Magical Letters to form the names of these angels in deepening your meditative practice and requesting support from these higher powers. Meditating on the name and message of the name is a very powerful way to intend your willingness to receive divine guidance.

To do this, choose a particular area of your astrological chart in which you would like assistance and refer to the Angel Message associated with that chart point (rounded to the next higher degree). For example, the practical story below shows how I used this system to create a new career by meditating on the Angel of my "Part of Profession."

Keep in mind that it is not only the letters themselves, but also the order in which they appear that is important. When spelling the name of the heavenly hosts or angel, the order of the letters is a map or blueprint for a journey in consciousness. For a more in-depth meditative practice associated with each degree of the zodiac, go to www.SpiritusAngelMessages.com.

Creating a New Career

I had been on a spiritual and personal development path for over fifteen years when I was introduced to a Quabbalistic manifestation practice. I wanted to speed up my results while at the same time deepening my connection to my own True Self — my Essence. I needed to find a career direction, and I knew innately that tapping into this Source would change my life.

I first started using the written information for each letter, grouping the letters in my mind to form the name of an Angel or Divine Being. One particular Angel named RIGOLON, the Angel of Opening Hearts, attracted me, for in my astrological chart RIGOLON is in the house of Career.

I visualized the color of each letter of the name RIGOLON, all the while referencing back to my collection of papers containing information about the letters, their Divine Virtues, and the angelic attributes. In the process, I was constantly having to research through many various sources collected together in a large stack of documents. There was no real organization to this data, so this referencing process was neither meditative nor relaxing! I longed to be able to display the letters in front of me with a rainbow of color and easily accessible information.

And then one day, in the depths of my frustration with this constant searching and researching, the "light" dawned. The idea for the cards was born — along with my new Career. Even though I was a novice at this practice, I knew it was important for me to create the cards. I was divinely inspired. The letters were already at work in my life.



Other ways To use The cards

There are numerous ways to use the cards.

- Through meditation on the colors or elements <u>only</u>, you could invoke desire, clear mental states or thought forms, calm the emotions or heal a physical condition or concern.
- On the highest level, you could use <u>all</u> of the aspects in combination during your meditation to heal trauma, difficulties and more complex problems in your life. By doing so, awareness becomes whole brain and whole body, and, as this happens, miracles spontaneously happen around us.
- Meditate using the Angel Messages at www.SpiritusAngelMessages.com, and spelling out the names of these Angelic Beings with the *Magical Alphabet*.
- Spell out the name of other Angel Guides or Archetypes you may already call on for assistance. Review the information of the aspects on the back of the card and let new insights be revealed to you.
- Choose a card for the day. Let yourself be intuitively drawn to a particular card in the deck and use this card for your daily meditation.
- Meditate each day, starting with the beginning of the alphabet and working through to the end. A Daily Practice of meditating on one card each day, learning all of its aspects, until you complete the alphabet is a good way to begin using the cards
- Choose a card based on its Element. Sort the cards by Element and study each grouping for their relationships to one another. This is an easy non-linear way to learn the cards.

If at first you use only certain aspects of the cards in your daily practice such as visualizations of the color or element, to some extent the sine wave connecting you to the Unified Field or source energy is manifested and creates exciting changes. With practice and learning, the Magical Letters will begin to speak to you to produce more significant changes in manifesting your wildest dreams. As you ask for guidance and become more in tune with the dynamics of manifestation, your intuition will heighten and you will be more receptive to receiving these messages.

Using the *Magical Alphabet* in your spiritual practice is like downloading new software from universal consciousness. You can reset your internal programs to ones that work for you. You can shift yourself by shifting your consciousness. You become a conscious cocreator in your life rather than having life happen to you. How fun is that?

So, enjoy your Magical Alphabet, and let your deepest desires manifest ten-fold!

With gratitude,

Barbara Mazzeo



Cross-reference Chart of Magical Letters

Magical Letters by Element

Akasha	Fire	Air	Water	Earth
Е	С	A	Ch	В
U	D	L	G	F
Y	Н	Z	J	I
	K		M	О
	Q (same as K)		N	P
	S		W	R
	Sch			V (same as F)
	Т			AE
				OE

Magical Letters by Part of Body

Abdomen	M	Kidney (Right)	T
Adrenals	U	Leg (Left)	Ch
Arm (Right)	Н	Liver	N
Brain	Sch	Lower Colon	AE
Breasts	A	Lungs	A
Coccyx	AE	Nostril (Left)	R
Diaphragm	J	Nostril (Right)	P
Ear (Left)	K, Q	Ovaries	OE
Ear (Right)	D	Pancreas	U
Eye (Left)	G	Solar Plexus	U
Eye (Right)	В	Spine	Е
Gall Bladder	S	Spleen	L
Gut	W	Stomach	С
Hand (Left)	F, V	Testicles	OE
Heart	Y, Z	Throat	О
Kidney (Left)	I	Windpipe	О

Magical Letters by Situation or Issue

The situations or issues listed below are to be used as a reference if you quickly want access to a letter in the *Magical Alphabet* to help solve a problem or concern or to increase, enhance or bring about an attribute. As you use the letters you will begin to be intuitively drawn to those letters that will assist you. For example, I was often drawn to "W" while working on the *Magical Alphabet*. "W" assists with maintaining spiritual vitality.

A11	C	T	117
Abundance, to increase	G	Intuition	W
Actualizing spiritual ideal	P	Justice and Harmony	О
Blessings	G	Karma, transmuting	I
Calming emotions or situations	G, M	Love, to lift any situation	Y
Clarity, to bring forth	Ch	Manifesting, ability to	Sch
Communication, power of the word	Н	Negativity, to refuse	K
			All Fire
Connection with the All	Е	Passion and Success, to induce	Cards
Courage	K	Patience	K
Duality, to understand and balance	В	Persistence	K
Ease & Contentment	A	Power to heal the body	В
Empathy	M	Polarity, to balance	В
Endurance	Z	Protection	O
Enlightenment, understanding		Protection with divine love	
duality	L		J
Expansion of consciousness	D	Satisfaction, increase state of	G
Fate or destiny, changing	U	Tiredness, to relieve	W
Grace and Mercy	G	Transmutation and Release	AE
		Transmutation of problems into	
Happiness, increase state of	N	love	OE
Harmony in the physical plane	F	Upset, to ease	G, M
Healing the Body	В	Vitality, to increase physical	AE
Ideas, bringing into form	C	Vitality, to increase spiritual	W
Inspiration	R, Sch, T	Wealth and Success	G
Intellect, to increase	Z	Will, Power, Divine Will	S